

Yoga for All in the Park

Beyersdale Park, Harmony Township, PA

Mondays, 7-7:45 pm

From Duss Ave, turn on Dearborn St. Turn left on Essex Ave
and park is on left.



All ages, fitness levels, and abilities welcome!

Meet in the right corner of the field along the treeline.

No class Mon., July 4 or during bad weather.

Bring a yoga mat (if you have one), blanket and a beach towel.



Contact Denina at 724-513-0069
or denina@sageac.com
with questions.

Denina Bautti is a yoga and
mindfulness instructor (RYT-200) and
certified Accessible Yoga Teacher.
Visit sageac.com for more info.